

Douglas County Senior Housing

(www.co.douglas.mn.us/sr.htm)

INFORMATION AND REFERRAL

Douglas County Senior Services, Contact Mary Krueger at 320-762-3047 - Has information on housing options that are pertinent to seniors and low income. Offers housing tours several times a year.

Douglas County Housing and Redevelopment Authority, 320-762-3849 - Assists with housing concerns and issues for all ages.

INDEPENDENT LIVING

Accessible Space, Inc. Nordic Meadows, 410 34th Ave E, Alexandria MN 56308. 15 units completely accessible barrier free living for persons using wheelchairs. Are also available for persons not using wheelchairs. Applicants must have a very low income and have a physical disability, traumatic brain injury or developmental disability to qualify. Assisted Living may be available. 1-800-466-7722 for more information.

Arabella Manor, 1810 Darling Avenue, Alexandria, 320-763-1763. 1 and 2 bedroom apartments range from 753 to 1389 square feet all with washer/dryer hook-ups and all kitchen appliances (refrigerator, dishwasher, and stove). The building is fully secured and hosts a barber/beauty area, exercise room, library/game/activity room, elevators, common area with fireplace and an on-site hospitality concierge to coordinate scheduling needs. Home care services are available through the agency of your choice if needed. Catered meals available Monday – Friday at 11:30 a.m. and 4:30 p.m.. Web site: www.arbellamanor.com. E-mail: ArabellaManor@hotmail.com.

Bethel Manor, 910 Ash Street, Alexandria, 320-763-7200. Ecumenbethany.org Affordable lakeside senior living for those 62 years and better located on Lake Winona. Offering 1 bedroom apartments from 480-575 square feet, full kitchens, living room and bedroom, bathroom and storage. Utilities included. Cable TV and phone extra. On-site laundry, library, nearby coffee shop and fitness center, elevators, beauty/barber shop, outings and social activities. Pets Allowed. **Subsidized housing based on income.**

Carlos Housing Inc., 23 North Douglas, Carlos, 320-852-7748 – Tom Toenjjes -Includes one handicap unit. Utilities included. **Subsidized housing.**

Evansville Apartments 505 Johnson St, Evansville MN, Contact Lori Triebenback at 320-762-3074. **Rent based on income.**

Grand Arbor by Knute Nelson, is located at 4403 Pioneer Rd SE, Alexandria, 320-763-1600. **The Lakes** senior apartments are independent housing that include a continental breakfast, an emergency pendant and washer/dryers in the rent. Grand Arbor also has several levels of assisted living services. (see Assisted Living) These housing options boast bright, open floor plans with access to a centrally located Town Center, Wellness Center with warm water pool, General Store, Bistro and other Knute Nelson living communities.

Highland Terrace Apartments, 319 Fairground Road, Alexandria, 320-269-6640. 1 and 2 bedroom apartments, including 2 handicap units. Amenities: community room, garden, elderly or disabled. Water, sewer and heat included in the rent. **Subsidized housing.**

Maple Ridge Manor, 321 Unumb Court, Alexandria, 320-762-2800 - Includes one handicap unit. Water, sewer & garbage included. **Subsidized housing based on income.**

Osakis Community Manor, 480 West Main, Osakis, 320-269-6640 extension 23. - Includes 2 handicap units. Elderly, Disabled, non smoking building. Free use of Galeon amenities. **Subsidized housing based on income.**

Royal Manor Apartments, 415 Unumb Street, Alexandria, 320-235-0742 - One and Two Bedroom apartments for all ages. No pets. **Subsidized Housing.**

Runestone Apts – 4541 Arbor Crossing SE, Alexandria 320-219-7379. 1, 2 and 3 bedroom apts. Professional Management, on site caretaker, 24 hr fitness center, elevator, lounge, tuck under and detached garages, community room, balconies or patio on each unit. All appliances furnished. Some Apartments are at a reduced rate.

Rustic Cedar Living Evansville, MN 56326. Offering independent housing apartments with limited services available if needed. Also part of Evansville Care Campus where many activities such as live music and bingo take place. Beauty shop and Clinic available at Evansville Care Campus as well.

Shelter Enterprise, 207, 209, 215 West Main St., Osakis MN. 320-843-4344. Plug ins, some garages, air conditioners. **Subsidized housing.**

Terrace Heights, 410 Main Street West, Osakis, 320-859-6223. email: areinke@galeonmn.com 20 units ranging from studio to 2 bedroom apartments. Amenities: 2 meals per day, emergency pull cords in every unit, linen service, laundry facilities, activity program, whirlpool bath, beauty/barber shop, weekly light housekeeping, chapel, meeting room, and lounge. Terrace Heights is attached to the Community Memorial Home.

Tower Apartments, 110 First St N., Evansville, 320-269-6640 extension 23. - 1 and 2 bedroom apartments available for seniors. Tenant pays electricity, heat. Amenities: onsite laundry, and pets are acceptable. **Subsidized Housing based on income.**

Town Square Apartments, 414 Hawthorne Street, Alexandria, 320-762-7587 - 1 and 2 bedroom apartments, including 4 handicap units. Amenities: Alex Sr. Center in building, no pets. Tenant pays electricity, heat.

Viking Towers, 805 Fillmore, Alexandria, 320-762-1311 - 105 high-rise one bedroom apartments for elderly or disabled. Amenities: Hair Salon, laundry room, noon meal available 5x week, worship service. Pets Allowed. Community service coordination available from on-site social worker; contact LaTelle at ext. 6. **Subsidized Housing.**

Village Cooperative of Alexandria. 515 Jefferson St., Alexandria. Active Senior Living for adults 55+, Maintenance free living, convenient location, secured entrance, heated parking, community room with kitchen, pub room, guest suite, fitness center and woodworking shop. Call 320-219-7592.

Winona Shores, 1010 Lark Street, Alexandria, 320-763-1120, ecumenbethany.org. Affordable lakeside senior living for those 62 years and better, located on Lake Winona. Offering 1 bedroom apartments with 540 sq ft of living space, full kitchen, walk-in showers, and additional storage. Utilities included. Rent based on income. Cable and telephone are extra. On-site laundry, library, nearby coffee shop, elevators, fitness center, beauty/barber shop, outings and social activities. Pets Allowed. **Subsidized Housing.**

Woodhill Townhomes – 1300-1422 7th St., Alexandria. 320-762-1311. All utilities paid by tenant. **Subsidized housing based on income.**

Woodhill Apartments, 1405 7th Ave E, Alexandria, 320-269-6640 extension 23 - 1 and 2 bedroom apartments with 2 handicap units. Amenities: community room, garden, outdoor patio, car plug ins. Elderly, disabled building.

Assisted Living Facilities

(24 hour on-site supervision)

Alexandria Assisted Living, 90 E Lake Cowdry Rd, Alexandria, MN 56308. 320-762-8345. Our assisted living services provide seniors with the care they need in an environment where they receive home cooked meals plus snacks along with social and recreational activities. In addition, residents can enjoy our activity room, beauty/barber shop, family room and fitness equipment. There are 24/7 staff (awake night shifts) that are trained to provide personalized care with bathing, dressing, laundry, housekeeping, medication administration, and more. Services are tailored to meet the needs of those who need individualized supervision, guidance and support. Provides 22 private rooms with ½ bath. Alex assisted living also has a secure living area with 10 private rooms with ½ bath for people with memory loss.

Bonnie's Senior Haven, Bonnie Nienaber, 1201 Ridgeview Terrace NE, Alexandria MN, 56308. 320-759-6599 or 320-766-3062. bmarie68@charter.net. Home environment, three full meals/day, laundry, medication, housekeeping, 24 hour supervision, day care, private or shared rooms, local transportation, personal assistance, capacity of 5.

Brandon Assisted Living, 305 Central Ave. So., Brandon 320-524-2208. Small town setting for up to 10 residents. Spacious rooms come with their own private full bathroom. Three home cooked meals plus snacks provided daily along with a variety of social and recreational activities. In addition, residents can enjoy the use of the fitness room, activity room, and community family and dining room. 24-hour trained staff (awake night shift) that provide assistance with activities of daily living in order to meet the personal needs of each resident. Services include bathing, dressing, medication administration, laundry, housekeeping, and much more. Call 320-524-2208 for more information.

BridgeWell, 410 West Main St, Osakis MN 56360. 320-859-2142. www.galeonmn.com. BridgeWell assisted living offers a secure environment to those who need assistance because of memory loss or other cognitive challenges. Relaxing home-like environment. Specially trained caregivers available 24/7. On site barber/beautician.

Diamond Willow, 803 Victor St., Alexandria, MN. Alzheimer's disease, dementia or other complex care concerns through the end of life with a high staff-to-resident ratio. Nurses provide case management and a physician performs rounds to oversee care. A beautiful family/sun room connects two homes. Each home has ten private suites and caregivers that provide a full spectrum of care. Each resident has a private suite, including a private bath. However, much of their time is spent in the spacious sunroom, kitchen area, and living room. For admission information contact 320-762-1448.

Pelican Bay Assisted Living, 1020 Lark St, Alexandria., 320-763-1122. Ecumenbethany.org. Offers 11 Memory Care suites in a secure, family like household for older adults experiencing mild to moderate Alzheimer's or other forms of memory loss. Professional 24 hour caregivers. Excellent staffing ratios. Private pay only.

Edgewood Vista 1902 7th Ave E, Alexandria, 320-759-2121 - 2 unique floor plans available. Amenities: nutritious home cooked meals, unlimited snacks, activity programs, worship services, beauty salon/barber shop, personal laundry and linen service, housekeeping, four season sun room, raised garden beds, private dining room for dinner guests, and a large family room with a fireplace, library, aquarium, and entertainment center. *Respite room available; please call for information.*

Evansville Senior Living, 651 State St. NW, Evansville, MN 56326; 218-948-2346 or call the Care Center; 16 spacious apartments offering the independence of your own apartment; assorted supportive assistance and medical care are available to help as you need them. The building has abundant common space for allowing a complete range of senior activities.

Golden Ridge Senior Living, Becky Sprenger, 1203 Steger Road NW, Alexandria, MN 56308, 320-763-9776. Up to 5 elderly. Supervised care available 24 hours/day, 7 days a week. Offers medication management, meals, housekeeping, laundry, transportation and social activities. sprenger@gctel.net

Grand Arbor by Knute Nelson, 4403 Pioneer Rd SE, Alexandria, 320-763-1600. The community features a variety of housing choices as well as access to a centrally located Town Center, Wellness Center that is open to the public, and other Knute Nelson living communities and care options. Please contact Cindi Magnuson 320-759-4601 or Cyndi.magnuson@knutenelson.org.

- **The Prairie** assisted living. Rooms are clustered in an appealing neighborhood setting of 15 apartments ranging from 355 to 613 square feet. The Prairie also includes a high level of professional health and wellness services. Fees include three meals a day, weekly housekeeping, 24-hour on-site resident assistant staff and access to town center amenities, programs and more.
- **The Meadow** enhanced assisted living. When a high level of around-the-clock continuous care is essential, choose the Meadow enhanced assisted living for specialized care. Enjoy the freedom of 24-hour nursing care and supportive services like dining, housekeeping and personal assistance, all within an intimate neighborhood and home-like setting.
- **The Garden** memory care residence for Alzheimer's and other dementias. Features individual and shared suites with private bathrooms. Residents can enjoy the company of others in a common great room with fireplace, dining room, living room and lounge, as well as specialized life enrichment programming.

Lakes Area Assisted Living, 1313 Co. Rd. 22 NW, Alexandria, 320-759-5600. Home setting with 9 private rooms, one double, all on one level. Cable TV in each room. Three home cooked meals and snacks provided. Twenty-four hour personal care available. Call or e-mail us at dzkt@msn.com

Nelson Gables, 1220 Nokomis St, Alexandria, 320-762-4310 luxury one bedroom Assisted Living apartments. Three meals per day, restaurant-style dining, weekly housekeeping, laundry rooms, scheduled events and activities, wellness programming, beauty/barber shop, meeting room and events room, lounge; Home Care services are available. **Respite room available.** Contact Linda Namur at lnamur@knutenelson.org or call.

Prairie Senior Cottages, 812 McKay Ave, Alexandria, 320-763-8244. Residential living for people with memory loss, dementia. Amenities: 24 hour onsite caregivers, secured building, family style meals, social and recreational activities, spiritual services, medication supervision, daily hygiene assistance, personal laundry, housekeeping, transportation. Smaller setting which allows staff more personal contact.

Sharon's Senior Services, 2307 East Golf Course Rd, Alexandria, MN 56308; 320-763-4950. Email Val at thevonderharrs@embarqmail.com. Provides 24 hr supervision in a safe, comfortable, handicapped accessible residential home. Serves seniors that require help due to physical decline and manageable memory loss. Services include: assistance with daily tasks, home cooked meals and snacks, medication management, housekeeping and laundry, appointment scheduling, transportation arrangements and more. Call for more information. *Additional services: respite care.* Non-smokers. Maximum of 6 residents.

Sharon's Senior Services, 1441 Rosewood Lane SE, Alexandria, MN 56308; 320-763-4950. Email Val at thevonderharrs@embarqmail.com. Provides 24 hour supervision in a safe, comfortable handicapped accessible residential home. Serves seniors that require help due to physical decline and manageable memory loss. Services include: assistance with daily tasks, home cooked meals and snacks, medication management, housekeeping, laundry, appointment scheduling, transportation arrangements and more. Call for more information. Maximum of 6 residents.

Westview Apartments, 240 6th Ave W, Osakis, 320-859-6223. email: areinke@galeonmn.com - connected to Community Memorial Home. Twenty-five efficiency and one bedroom assisted living plus apartments with full kitchens, activities, cable or UHF TV, paid utilities, barber and beauty shop, 24-hour staff coverage, three meals daily, medication administration, light housekeeping, emergency call system, most pets accepted. Wellness Program.

Windmill Ponds, 715 Victor Street, Alexandria, 320-759-2132. 1 and 2 bedroom independent living apartments; handicap also available. Rent includes continental breakfast and noon meal, weekly housekeeping, and social activities. Amenities: 2 fully equipped laundry rooms on each floor (no coins needed!), exercise class, barber/beauty shop, library, movie room, gazebo, and more; several raised garden beds and attached/detached garages are also available. WMP's bus for scheduled rides to Walmart, grocery stores, etc. Health supervision services are available including visits with on-site staff nurse, medication set-ups and reminders, and assistance with non-injectable drugs. Health services (ex. help with bathing and dressing, medication administration, etc.) can be tailored to your needs and are provided by Windmill Ponds-GEAC, LLC.

NURSING HOMES

Community Memorial Home, 410 West Main Street, Osakis, 320-859-2142 - 50 Skilled Nursing Care beds. Medicare certified. Physical, Occupational, and speech therapy available. Activities and Volunteer programs. Wellness program, short term rehab.

Ecumen Bethany Community, 1020 Lark Street, Alexandria, 320-762-1567, ecumenbethany.org. 83 Skilled Nursing Care beds. Medicare certified. 23 suites are dedicated as a state of the art short term rehab center offering Physical, Occupational, and Speech Therapy available. Volunteers provide added services.

Evansville Care Center, 649 States St. NW, Evansville, MN 56326; 218-948-2219/320-834-4466; a 42 bed skilled nursing facility overlooking a rolling countryside. Medicare certified. Physical, Occupational, and Speech Therapy available. Activities and Volunteer programs.

Knute Nelson, 420 12th Avenue East, Alexandria, 320-763-6653 - 85 Skilled Nursing Care beds, Medicare certified. Physical, occupational, and speech therapy available. Wellness programming, activities and volunteer programs. Healing Gardens and spiritual care. Contact Kelly Boesen at kboesen@knutenelson.org or call 320-763-1178

ALZHEIMERS AND OTHER DEMENTIAS SPECIALIZED CARE

Alex Assisted Living, see Assisted Living

Bridgewell, See Assisted Living

Diamond Willow, see Assisted Living

Ecumen Bethany Community, Pelican Bay in an 11 suite Assisted Living Household caring for mild-moderate memory loss in a secure setting with a lake view. Excellent staffing ratios offer 24 hour individualized care, activities, meals, laundry and housecleaning services

Grand Arbor, see Assisted Living

Prairie Senior Cottages, see Assisted Living

Rainbow Center, Glenwood, 320-634-5131 - Fully skilled nursing staff on a secure wing of Glenwood Retirement Village.

ADULT FAMILY FOSTER CARE

Adult foster care is a supervised living arrangement in a licensed, residential home providing one to five adults with three daily meals, snacks, lodging, supervision, medication reminders, protection, household services, personal care assistance and companionship in a home setting.

Country Care, Don and Sharon Henneman, 23359 Lake Jennie Rd NW, Evansville, MN 56326. 218-948-2118 or cell phone 320-815-5327, shado@gctel.net. Up to 5 elderly male or female, prefer non-smokers, may smoke outside, rural setting.

Pam Bundermann, 8156 Country Lane SW, Farwell, MN 56327, 320-886-2958, 320-808-4755. Any age over 21 years, Capacity of 4. Non-smokers. Country setting. Three meals, housekeeping, medication management, etc. plus other services available.

Salmons Place, Jim & Lou Salmons, Jeanette West. 6789 St Hwy 27 E, Alexandria MN 56308 320-762-2892. james@salmonsplace.com. Up to 5 elderly males or females, non-smokers. Hospice service available. Satellite TV, gardens, bird watching, handicapped accessible. "Family style living for senior adults – preserving independence and dignity".

Sonshine Villa, Greg & Sue Odell, 110 Sumac Drive, Alexandria MN 56308, 320-762-8506, 320-815-7744. Services for up to 3 elders in a home setting. Handicap accessible. Three meals, housekeeping, medication management, 24 hour supervision, activities, laundry – family-oriented environment.

CORPORATE ADULT FOSTER CARE

Corporate adult foster care is a supervised living arrangement in a licensed, residential home providing one to four adults, usually under the age of 65, with three daily meals, snacks, lodging, supervision, medication reminders, protection, household services, personal care assistance and companionship in a home setting.

Call Public Health for a list at 320-763-6018.

Douglas County does not endorse specific providers and takes no responsibility for the services or operations of any provider or organization listed.