



Public Health
Prevent. Promote. Protect.

**Horizon Environmental Health
Serving Douglas & Pope Counties**

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TO: All Establishments of Douglas & Pope Counties

FROM: Kasey LaSota, Registered Sanitarian
Doug Breitreutz, Registered Sanitarian

RE: Hair Restraints

The Food Code States:

Food Employees shall wear hair restraints such as hats, hair coverings or nets, beard restraints, and clothing that covers body hair, that are designed and worn to effectively keep their hair from contacting exposed food, clean equipment, utensils, and linens, and unwrapped single-service and single-use articles. Hair spray is not an acceptable hair restraint.

This section does not apply to food employees such as counter staff who only serve beverages and wrapped or packaged foods, hostesses, and wait staff if they present a minimal risk of contaminating exposed food, clean equipment, utensils, and linens, and unwrapped single-service and single-use articles.

Any questions regarding this matter may be directed to
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