

HORIZON PUBLIC HEALTH BREASTFEEDING RESOURCE LIST

Horizon Public Health serves residents living in Douglas, Grant, Pope, Stevens and Traverse Counties.

We believe that all parents with young children should have access to skilled breastfeeding counseling and support.



Douglas County

- Horizon Public Health Breastfeeding Support Center - 320.763.6018
- Horizon Public Health WIC - 320.763.6018
- Alomere Health Lactation Consulting Service - 320.763.2700
- Sanford Health Broadway Clinic - 320.762.6828
- WELL & Company Direct Primary Care - 320.314.3828
- Life Connections - 320.762.1224
- Lifespring Lactation Counseling - 507.227.7383
- Horizon Public Health Breastfeeding Class, Register online:
<https://horizonpublichealth.org/services/children-and-families/childbirth-and-breastfeeding/>
- Apply for WIC online at: <https://www.health.state.mn.us/people/wic/>
- Apply for Nurse-Family Partnership online at: <https://shnfp.org/>

Stevens County

- Horizon Public Health Breastfeeding Support Center - 320.763.6018
- Horizon Public Health WIC - 320.763.6018
- Stevens Community Medical Center - 320.589.1313
- Options for Women - 320.288.8986
- Options for Women (Spanish) - 320.288.8796
- Horizon Public Health Breastfeeding Class, Register online:
<https://horizonpublichealth.org/services/children-and-families/childbirth-and-breastfeeding/>
- Apply for WIC online at: <https://www.health.state.mn.us/people/wic/>
- Apply for Nurse-Family Partnership online at: <https://shnfp.org/>

Grant County

- Horizon Public Health Breastfeeding Support Center - 320.763.6018
- Horizon Public Health WIC - 320.763.6018
- Prairie Ridge Hospital & Health Services - 218.685.7300
- Lake Region Healthcare - 218.739.2221
- Horizon Public Health Breastfeeding Class, Register online:
<https://horizonpublichealth.org/services/children-and-families/childbirth-and-breastfeeding/>
- Apply for WIC online at: <https://www.health.state.mn.us/people/wic/>
- Apply for Nurse-Family Partnership online at: <https://shnfp.org/>

Traverse County

- Horizon Public Health Breastfeeding Support Center - 320.763.6018
- Horizon Public Health WIC - 320.763.6018
- Sanford Wheaton Medical Center - 320.563.8226
- Horizon Public Health Breastfeeding Class, Register online:
<https://horizonpublichealth.org/services/children-and-families/childbirth-and-breastfeeding/>
- Apply for WIC online at: <https://www.health.state.mn.us/people/wic/>
- Apply for Nurse-Family Partnership online at: <https://shnfp.org/>

Pope County

- Horizon Public Health Breastfeeding Support Center - 320.763.6018
- Horizon Public Health WIC - 320.763.6018
- Glacial Ridge Health System - 320.634.4521
- Horizon Public Health Breastfeeding Class, Register online:
<https://horizonpublichealth.org/services/children-and-families/childbirth-and-breastfeeding/>
- Apply for WIC online at: <https://www.health.state.mn.us/people/wic/>
- Apply for Nurse-Family Partnership online at: <https://shnfp.org/>

Online Resources

- MN WIC: <https://www.health.state.mn.us/people/wic/bf/index.html>
- Office on Women's Health: <https://www.womenshealth.gov/>
- Kelly Mom: <https://kellymom.com/>
- AWHONN: <https://www.awhonn.org/consumer-resources/breastfeeding-resources-for-parents/>
- La Leche League: <https://www.llli.org/>
- CDC: <https://www.cdc.gov/breastfeeding/resources/index.htm>
- Babylist: <https://www.babylist.com/index>
- Breastfeeding Resources: <https://www.bfrct.com/>

**For more information, please visit:
www.horizonpublichealth.org**